



HORARIOS

Actualizado en Marzo de 2024

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:00H	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT		
8:00H	FULL BODY	FULL BODY	FULL BODY	FULL BODY	FULL BODY	FULL BODY CROSSFIT	
9:00H	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	FULL BODY CROSSFIT	
9:30H	FULL BODY SENIORS	FULL BODY	FULL BODY SENIORS	FULL BODY	FULL BODY SENIORS		
10:00H	FULL BODY	FULL BODY	FULL BODY	FULL BODY	FULL BODY	CROSSFIT	
14:00H	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT		
16:00H	BOXEO		BOXEO				
17:00H	FULL BODY CROSSFIT HYROX	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT		
18:00H	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT		
19:00H	FULL BODY CROSSFIT	FULL BODY CROSSFIT BOXEO HYROX	FULL BODY CROSSFIT HYROX	FULL BODY CROSSFIT BOXEO	CROSSFIT		
19:30H	CROSSFIT	CROSSFIT	CROSSFIT				
20:00H	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT	FULL BODY CROSSFIT HYROX	CROSSFIT		
20:30H	CROSSFIT	CROSSFIT	CROSSFIT				
21:00H	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT			